

COFFEE

Sub with almond, coconut or soy milk +15,-
Extra shots coffee +15,-

ESPRESSO.....	22,-
DOUBLE ESPRESSO.....	30,-
LONG BLACK.....	30,-
CAPPUCCINO.....	35,-
LATTE.....	35,-
FLAT WHITE.....	35,-
BULLET PROOF.....	50,-
Long Black, MCT Oil, Grass Fed Butter	

TEA

GREEN TEA.....	35,-
ENGLISH BREAKFAST.....	35,-
EARL GREY.....	35,-

SOFT DRINKS

COKE/ COKE ZERO/ SPRITE/
SODA WATER/ TONIC WATER..... 20,-

KOMBUCHA

MANGO.....	40,-
PASSION FRUIT & TAMARILLO.....	40,-

JUICE

PINK IS MY FAVOURITE COLOUR.....	55,-
Beetroot, apple celery, lemon, ginger	
GREEN N' LEAN.....	55,-
Spinach, apple, cucumber, lemon, ginger	
ORANGATTACK.....	55,-
Carrot, orange, ginger	
RED OR DEAD.....	55,-
Watermelon, lime, mint	

COOLERS

LEMONADE COOLER.....	45,-
Lemon, honey	
THE CLASSIC COOLER.....	45,-
Ginger, lemongrass, lime, mint, honey	
CASABLANCA COOLER.....	45,-
Gunpowder Green tea, mint tea, honey, fresh mint	

CLEAR LIQUID

AQUA MINERAL WATER 1.1LTR.....	20,-
COCONUT WHOLE.....	30,-

SUPPLEMENTS

Can be added to any drink

COLLAGEN.....	25,-
CREATINE.....	25,-
M.C.T. OIL.....	20,-
PRE WORKOUT, WATER & ICE.....	30,-
BCAA, WATER & ICE.....	30,-
NATURAL HONEY SHOT.....	15,-

SMOOTHIES

add protein +35,- / vegan +40,-

ESPRESSIVE.....	55,-
Espresso shot, banana, dates, coconut milk	
TROPICAL SMASH.....	55,-
Dragon fruit, mango, banana, coconut milk	
BERRY NECESSARY.....	55,-
Mixed berries, banana, vanilla extract, coconut milk	
THE PEANUT BUTTER ONE.....	55,-
Banana, peanut butter, cinnamon, coconut milk	
SIMPLE PROTEIN (vanilla chocolate)	
Whey & ice water.....	40,-
Vegan Whey & ice water.....	45,-

mix with: almond, coconut or soy mylk +15,-



BULLETPROOF



GREEN N' LEAN



COOLERS



HOUSE MADE
JUICES, HYDRATION, TONICS



RED OR DEAD



TROPICAL SMASH

CRAFT COCKTAIL

SPICY PINK	125,-	RISING STAR	125,-
Jalapeno infused tequila, triple sec, lemon juice, cranberry juice		Vanilla infused vodka, lemon juice, vanilla, passion fruit, pineapple juice, egg white	
WANDERLUST SPRITZ	125,-	WATERMELON COOLER	125,-
It's an extra gin based with aperol, orange, sparkling wine and splash soda water		Citrus infused vodka, triple sec, lime, mint, watermelon, splash soda water	
PASSION JITO	125,-	DRIZZLED	125,-
Passion fruit infused rum, with passion puree, house syrup, lemon juice, mint leaves and splash soda water		Butterfly pea flower infused tequila, coconut liqueur, pineapple juice, almond, fresh lime juice	

INTERNATIONAL COCKTAIL

CLASSIC MOJITO	110,-	ESPRESSO MARTINI	110,-
COSMOPOLITAN	110,-	BLACK RUSSIAN	110,-
CAIPIRINHA	110,-	DRY MARTINI	110,-
LYCHEE MARTINI	110,-	OLD FASHIONED	110,-
WHISKEY SOUR	110,-	CLASSIC MARGARITA	110,-
MANGO DAIQUIRI	110,-	NEGRONI	130,-
TEQUILA SUNRISE	110,-	APEROL SPRITZ	130,-

MOCKTAIL

NOJITO	65,-	CUCUMBER COOLER	65,-
Fresh lime, mint leaves, lemon juice, top with soda water		Fresh cucumber, lemon juice elder flower syrup, mint leaves, top with soda water	
PASSIONRISE	65,-	DAILY BOOST	15,-
Orange, pineapple juice, passion fruit puree, passion fruit pulp		Hot or ice water, lemon juice	

BEER SELECTION

CRAFT KURA KURA EASY ALE 300ml	50,-	BINTANG CAN 320ml	35,-
CRAFT KURA KURA LAGER 330ml	60,-	SAN MIGUEL LIGHT 330ml	40,-
CRAFT KURA KURA ISLAND ALE 330ml	65,-	JUHO HARD SELTZER	85,-
CRAFT KURA KURA I.P.A 330ml	90,-	4.5% ALC/VOL. 330ml (Apple/ Peach)	

ALCOHOL SPIRITS

VODKA		TEQUILA	
SMIRNOFF.....	90,-	JOSE CUERVO.....	90,-
GREY GOOSE.....	110,-	EL JIMADOR.....	100,-
GIN		WHISKEY AND BOURBON	
LARIOS.....	90,-	JIM BEAM WHITE BOURBON.....	90,-
GORDON.....	90,-	JHONNY WALKER RED LABEL SCOTCH WHISKEY.....	100,-
BOMBAY SAPPHIRE.....	110,-		
RUM			
CAPTAIN MORGAN WHITE RUM.....	90,-		
CAPTAIN MORGAN SPICE RUM.....	90,-		
MAYERS DARK RUM.....	105,-		

Mixer is Included

BREAKFAST

OAT & NUT PORRIDGE (V/GF).....**85,-**
almond milk, oat, nuts, mango, strawberry, mint, coconut

K 493 C 83 P 9 F 14

OVER NIGHT OATS (VE/GF).....**75,-**
oats, chia seeds, dates, almond milk, pumpkin seed, carrot, raisins, cashews, coconut yoghurt, maple

K 602 C 89 P 13 F 23

PROTEIN GRANOLA BOWL(V/GF).....**95,-**
cashew & coconut granola, whey protein, fruits, almond milk, date tahini sorbet, coconut, mint

K 857 C 107 P 37 F 33

KETO BIG BREAKFAST.....**125,-**
eggs your style (2pc), slow roasted paprika, feta cheese (30gr), grilled chicken breast (100gr), bacon (2pc), avocado, edamame hummus, nut seed toast

K 802 C 31 P 51 F 67

AVOCADO TOAST W/EGGS (V).....**95,-**
whole grain sourdough topped with chili, paprika, olive oil & lemon marinated avocado, poached eggs (2pc), feta cheese (30gr), tomato, picked onion & rucola

K 783 C 53 P 26 F 57

WANDERLUST SMOOTHIE BOWL (V).....**85,-**
Mango, passionfruit, banana, chia seed and vanilla smoothie, coconut soaked chia seeds, tropical fruits, nuts and seeds
add protein +25,-

K 434 C 76 P 6 F 11

PROTEIN PANCAKE (V/GF).....**1 pc 65,-**
2pc 110,-

almond flour + egg + whey protein (25gr) batter, caramelized banana, berry compote, granola, mango, strawberries, maple

K 931 C 80 P 35 F 56

PROTEIN WAFFLE (V/GF).....**110,-**
almond flour + egg + whey protein (25gr) batter, caramelized banana, berry compote, granola, mango, strawberries, maple

K 931 C 80 P 35 F 56

FRUITS & YOGHURT (VE/GF).....**75,-**
fresh seasonal fruits, coconut yoghurt, granola, mint, lime

K 399 C 69 P 5 F 12

BREAKFAST WRAP.....**85,-**
tortilla, scrambled eggs (3pc), streaky bacon (1pc), house made pork sausage (2pc), caramelized onion, cheddar cheese, rucola & a side of harissa sauce

K 694 C 32 P 40 F 47

THE "DRISK".....**95,-**
eggs any style (4pc) streaky bacon (4pc), avocado, marinated feta (30gr), & your choice of toast

K 1172 C 54 P 54 F 88

HUMMUS & EGGS (V).....**80,-**
chickpea hummus (150gr) with olive oil, dry spices, poached eggs (2pc), grilled tomato, herb, sprouts salad and your choice of toast

K 746 C 62 P 27 F 45

WANDERLUST OMELETTE (V).....**85,-**
egg omelette (3pc) with sautéed mushrooms, tomato, onion, cheddar cheese & your choice of toast

K 655 C 44 P 32 F 41

CHICKPEA CREPE (V/GF).....**85,-**
sauteed greens, avocado, pesto, coconut yoghurt, chimichurri dressing

K 746 C 60 P 27 F 47

BACON AND EGG CROISSANT.....**75,-**
toasted croissant, with soft boiled egg, seared bacon, avocado, halfway mozzarella-cheddar cheese

K 390 C 23 P 19 F 25

STEAK & EGGS.....**145,-**
grilled rib eye (150gr), eggs your style (2pc), chimichurri sauce

K 673 C 29 P 16 F 54

MAINS

KETO CHICKEN PARMIGIANA.....**120,-**
shallow fried chicken fillet (180gr), crusted in pumpkin seeds, flax seed, almond, topped with Napoli sauce, mozzarella (80gr), avocado, bacon salad

K 1046 C 21 P 76 F 74

SEARED SALMON FILLET (GF).....**180,-**
fresh salmon (150gr) with sauteed asparagus, hollandaise yoghurt sauce

K 563 C 8 P 38 F 42

CHICKEN BREAST POWER MEAL (GF).....**110,-**
chicken breast (200gr) with sauteed vegetables, smashed sweet potato, red onion, chimichurri sauce

K 539 C 30 P 40 F 31

TANDOORI SKEWERS (GF).....**110,-**
grilled tandoori spiced chicken (200gr) & served quinoa tomato, cucumber salad, yoghurt cucumber, picked onion & herb salad

K 675 C 62 P 43 F 34

CARNIVORE PLATE (GF).....**155,-**
grilled rib eye (100 gr), truffle butter eggs (2pc), tandoori chicken skewer (60 gr), bacon (2pc) grilled cheddar & mozzarella

K 698 C 1 P 59 F 51

FRIED RICE
Chinese style fried rice, Asian vegetable, coriander, crackers, pickles
Veg & Tofu 80,- **Honey Chicken Wings 95,-**

K 595 C 87 P 28 F 14

K 797 C 84 P 43 F 28

SINGAPORE BARBECUE CHICKEN NOODLES.....**110,-**
with peas, paprika, onion, bok choy, carrot, garlic, crackers, coriander, bean sprouts, shallot, pickles

K 506 C 52 P 32 F 15

BURGER & WRAPS

BIG VEGETABLE WRAP (VE).....**75,-**
coriander, carrot, red cabbage, tomato, chimichurri, KCPF rucola, cucumber, edamame hummus

K 700 C 106 P 49 F 35

"PERI PERI" CHICKEN WRAP.....**85,-**
Tortilla wrap filled with grilled (peri peri or plain) chicken breast (120gr), avocado, cheddar, lettuce, red cabbage, KCPF onion, house mayonnaise

K 764 C 66 P 32 F 46

BEEF BURGER.....**125,-**
house-made beef patty (150gr brisket) cheddar cheese, lettuce, tomato, caramelized onion

K 860 C 103 P 47 F 30

add Beef Patty 150gr + 60,-
add Fried Egg 1 Pcs +15,-
add Bacon 2 Pcs + 25,-
add Cheddar Cheese 2 Pcs + 20,-

CHICKEN SLAW BURGER.....**95,-**
pan seared dusted buttermilk-chicken (150gr), Mexican spice paste, slaw, lettuce, tomato, cheddar cheese, mayonnaise, herbs

K 829 C 92 P 59 F 28

SNACKS

KOREAN CAULIFLOWER POPCORN (V)	75,-	CHICKEN QUESADILLA	75,-
Crisp oat and seeds coated cauliflower tossed with Korean.. chili sauce, toasted sesame seeds, garlic and coriander		Spiced chicken, mozzarella, cheddar, jalapeno salsa, smashed avocado	
SOFT CHICKEN TACOS	75,-	MIXED SATAY (GF)	125,-
3 soft tacos filled with Mexican spiced chicken, corn salsa, avocado, slaw and jalapeno		Spiced chicken, soy beef and yellow curry fish served with trio of dipping sauces	
HONEY CHILI CHICKEN WINGS	75,-	CHICKEN SATAY (GF)	110,-
Marinated chicken wings with barbecue spiced tofu mayonnaise		Spiced chicken, slaw , with trio dipping sauces	
		BEEF SATAY (GF)	135,-
		Soy beef, slaw, with trio dipping sauces	

BUILD YOUR OWN PLATE

PROTEINS

Eggs your way (2pc).....	30,-
Bacon (2pc).....	25,-
Seared salmon (150gr).....	110,-
Falafel patty (150gr).....	45,-
Beef patty (150gr).....	60,-
Grilled pork sausage (1pc).....	20,-
Grilled chicken (150gr).....	40,-
Marinated tempeh (80gr).....	15,-
GF toast (2pc).....	20,-

DRESSINGS & SAUCES

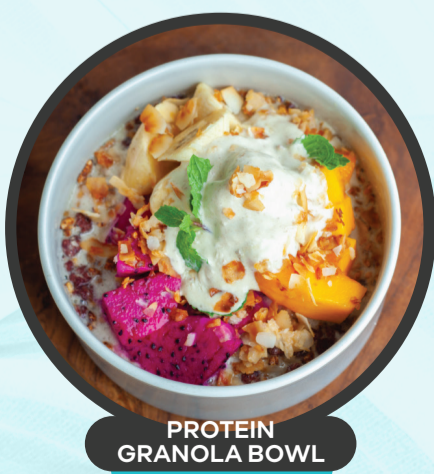
Lemon dressing (50ml).....	8,-
Mint yoghurt (50ml).....	8,-
Harissa dressing (50ml).....	8,-
Mustard mayo (50gr).....	10,-
Edamame hummus (50gr).....	12,-
Chickpea hummus (50gr).....	12,-

VEGETABLES, BREADS & DAIRY

Sweet potato fries (120gr).....	25,-
Avocado your way (80gr).....	20,-
Marinated Feta cheese (20gr).....	25,-
Blanched broccoli (50gr).....	20,-
Sautéed mixed vegetables (50gr).....	20,-
Marinated grilled paprika (50gr).....	15,-
Toasted bread (2pc).....	15,-
Nut and seed wafer (1pc).....	15,-
Steamed red rice (100gr).....	15,-

ENERGY & PROTEIN BARS

VEGAN SALTED CARAMEL CHOCOLATE	30,- per/p	PAELO NUT BAR	30,- per/p
Protein, cocoa, oat flour, peanut butter milk and maple syrup		Almonds, pistachio, walnut, cashew, pumpkin seeds, sunflower seeds, white sesame seeds, dates, maple syrup, lime, pinch of salt	
BALIONAIRE WANDER CHUNK	30,- per/p	OAT BAR	30,- per/p
Peanuts, almonds, coconut, 85% cocoa chocolate, whey protein, cocoa butter, coconut oil, maple syrup, Himalayan salt		Rolled oats, almond, coconut flour, maple syrup, honey, coconut oil, vanilla, sunflower seeds, raisins	
COCONUT PROTEIN	30,- per/p		
Coconut flakes, protein, milk and chocolate			



(VE) Vegan
(V) Vegetarian
(GF) Gluten Free