

CAFE MENU



ALL MENU ITEMS ARE SUBJECTIVE TO 15.5% GOVERNMENT TAX AND SERVICE CHARGE

WANDERLUST

CAFE FOODS

(VE) Vegan (V) Vegetarian (GF) Gluten free

BREAKFAST

OAT & NUT PORRIDGE (V/GF)

Almond milk, oat, nuts, mango, strawberry, mint, coconut

95,-

GRANOLA BOWL (V/GF)

Cashew & coconut granola, fruits, almond milk, coconut, mint

95,-

FRUITS & YOGHURT (V)

Freshly cut fruits in season, yoghurt foam, house granola, mint, lime

95,-

BREAKFAST WRAP

Tortilla, scrambled egg (3pcs), streaky bacon (1pcs), onion, Swiss cheese, rucola & side of harissa sauce

95,-

THE "DRISK"

Egg your style, seared bacon, avocado, marinated feta & your choice of toast

Regular | 110,-
Large | 135,-

MANGO SMOOTHIE BOWL (V)

Mango, banana, chia seed and vanilla smoothie, coconut, tropical fruits in season, mix nut & seed

85,-

Add whey protein +40

AVOCADO TOAST (V)

Sourdough topped with crushed avocado, poached egg (2pcs), feta cheese, pickled onion, tomato, rucola, olive oil, lemon

95,-

PROTEIN PANCAKE (V/GF)

Almond flour + egg + whey protein batter, caramelized banana, fruits, berry compote, maple, mint

Regular | 90,-
Large | 130,-

WANDERLUST OMELETTE (V)

Egg omelette (3pcs) with your choice of toast:

Smoked salmon & feta | 130,-
Ham & cheese | 95,-
Chicken & cheese | 100,-
Spinach & feta (V/VE) | 85,-

STEAK & EGGS (GF)

Grilled rib eye (150 gr), egg your style (2pcs), chimichurri hollandaise

185,-

SNACKS

CHICKEN TACOS

(3 pcs) tacos with grilled spiced chicken, cornsalsa, avocado, cabbage slaw jalapeno, coriander.

95,-

CHICKEN QUESADILLA

Toasted tortilla with shredded spiced chicken, mozzarella, smashed avocado, tomato salsa

85,-

KOREAN CHICKEN POPCORN

Crispy marinated chicken bites (120gr) tossed with fermented Chili sauce ,herbs

85,-

ENERGY & PROTEIN BARS

BALIONARE WANDER CHUNK

Peanuts almonds, coconut, (85%) cocoa chocolate whey protein, cocoa butter, coconut oil, maple syrup, himalayan salt

35,-

COCONUT PROTEIN BAR

Coconut flakes, protein, milk and chocolate

35,-

MAINS

MAINS

BEEF & BROCCOLI STIR FRY

Marinated beef (120 gr), broccoli, garlic, onion, chili, black pepper sauce served with choice of rice (white or red)

160,-

MAINS

MAINS

CHICKEN CASHEW STIR FRY

120,-

Thai style chicken (150gr) & cashew stir fry, basil, onion, paprika, lemon grass served with choice of rice (white or red)

SINGAPOREAN

CHICKEN NOODLE

Egg noodle, marinated chicken, carrot, bok choy, onion, paprika, Singapore sauce, crackers, pickles

110,-

CHICKEN BREAST

POWER MEAL

160,-

Chicken breast (200gr) served with sauteed vegetables, smashed sweet potato, onion, chimichurri sauce

FRIED RICE

Chinese style fried rice, Asian vegetable, crackers, pickles, coriander, fried egg

Tofu (V/VE)	85,-
Chicken	95,-
Bacon (P)	95,-

CARNIVORE PLATE

195,-

Grilled ribeye (100 gr), tandoori chicken skewers (80 gr), grilled sausage (1pc), seared bacon (2pcs), egg your way (2pcs), grilled cheese

SEARED SALMON (GF)

Salmon fillet (150 gr), sauteed asparagus, pea purée, dill yoghurt sauce

195,-

KETO CHICKEN

PARMIGIANA

Shallow fried chicken fillet (150gr), crusted with herb crumb, topped with Napoli sauce, mozzarella, avocado, mix salad

170,-



TANDOORI

CHICKEN SKEWERS (GF)

Grilled tandoori spiced chicken skewers served with cucumber herbs salad, pickled onion, mint yoghurt

120,-



BURGER, WRAPS & SALAD



EGG AND CHESE PANINI

Scramble egg, slice tomatoes, bacon and Mozzarella cheese on panini bread, with mixed green salad

85,-

"PERI PERI"

CHICKEN WRAP

Wrapping tortilla wrap filled with grilled peri peri spiced chicken breast (100gr), avocado, lettuce, onion, Cheddar mozzarella, house mayonnaise served with sweet potato fries

95,-

SPICY CHICKEN AND CHESE PANINII

Mexican spicy chicken, sliced tomato, rucola, mozzarella cheese, on panini served with sweet potato fries and spicy mayonnaise

95,-

PROTEIN BURRITO

Spiced beef mince, scramble egg, roasted potato, with grilled cheese crust and spicy mayonnaise

150,-

SMASH BEEF BURGER

House brioche bun, brisket patty, cheddar, grilled onion, mustard mayonnaise, shredded lettuce served with sweet potato fries

110,-

Extra Beef patty	+50
Extra Fries egg 1pcs	+15
Extra Bacon 2pcs	+25
Extra Cheddar 2pcs	+25

WANDERLUST CHICKEN SALAD (GF)

Chef's cut salad with roasted chicken, feta, avocado, broccoli, beetroot, tomato, pickled onion, herbs, tomato basil vinaigrette

110,-

Regular	110,-
Large	140,-

CHILI CHICKEN BURGER

100,-

Toasted brioche bun, shredded chili marinated chicken fillet, shredded vegetable salad, harisa yogurt served with sweet potato fries

BUILD YOUR OWN PLATE / BOWL / SALAD

CARBOHYDRATES

White rice (100gr)	15,-
Red rice (100gr)	15,-
Smashed sweet potatoes (100gr)	30,-
Sweet potato fries (120gr)	30,-
French fries (120gr)	30,-
Sourdough bread (1pcs)	10,-
Multigrain toast (1pcs)	10,-
Gluten free toast (2pcs)	30,-

PROTEINS

Mexican spiced beef minced(100gr)	65,-
Lemongrass Chicken	45,-
Smoked salmon (50gr)	80,-
Tandoori spiced chicken (100gr)	45,-
Seared salmon (100gr)	110,-
Pork sausages (1pcs)	25,-
Bacon (2pcs)	25,-
Egg(1pcs)	15,-
Beef Rib eye (150gr)	160,-
Smash beef patty (1pcs)	50,-

VEGETABLE(80gr)

Sauteed broccoli	35,-
Sauteed mix vegetables	35,-
Roast potatoes	30,-

FRESH TOPPINGS

Diced tomatoes	8,-
Diced avocado	25,-
Diced cucumber	8,-
Mix lettuce	10,-

DRESSING,SAUCE (50gr)

Mint yogurt	15,-
Mustard mayonnaise	15,-
Spiced mayonnaise	15,-
Chimichurri sauce	15,-

DAIRY (25gr)

Feta cheese	25,-
mozzarella	20,-
Cheddar cheese	20,-

COFFEE

Sub with almond or oat milk +20
Extra shot coffee +15
Make it iced +5

ESPRESSO
DOUBLE ESPRESSO
LONG BLACK
CAPPUCCINO
LATTE

25,-
30,-
30,-
35,-
35,-

TEA

ENGLISH BREAKFAST
EARL GREY

40,-
40,-

SOFT DRINKS

COKE/ COKE ZERO/ SPRITE/ SODA
WATER/ TONIC WATER 330ML
UC1000 ORANGE / LEMON WATER 500ML
POCARI SWEAT 500ML

30,-

25,-
25,-

CLEAR LIQUID

AQUA MINERAL WATER 1.1LTR
WHOLE COCONUT

20,-
30,-

OTHER

ICE WATER W/ LEMON or LIME JUICE
ICE WATER
ADD ICE
TURMERIC DAILY
COCONUT HYDRATION
WATERMELON HYDRATION

15,-
10,-
5,-
50,-
50,-
50,-

JUICE

PINK IS MY FAVOURITE COLOUR

Beetroot, apple celery, lemon, ginger

60,-

GREEN N' LEAN

Spinach, apple, cucumber, lemon, ginger

60,-

RED OR DEAD

Watermelon, lime, mint

60,-

COOLERS

LEMONADE COOLER

Lemon, honey, sparkling water

55,-

THE CLASSIC COOLER

Ginger, lemongrass, lime, mint,
honey, sparkling water

55,-

SIMPLE PROTEIN

(vanilla / chocolate)

WHEY & ICE WATER
VEGAN WHEY & ICE WATER

50,-
55,-

mix with:

Almond milk, Oat milk or Coconut Water +20,-

WANDERLUST CAFE DRINKS

SMOOTHIES

Add protein +40,- / vegan +45,-

ESPRESSIVE

Espresso shot, banana, dates, coconut milk

65,-

TROPICAL SMASH

Dragon fruit, mango, banana, coconut milk

65,-

BERRY NECESSARY

Mixed berries, banana, vanilla extract,
coconut milk

65,-

THE PEANUT BUTTER ONE

Banana, peanut butter, cinnamon,
coconut milk

65,-

PROTEIN SHAKES

GREEN MACHINE

Whey protein, avocado, fresh milk,
spirulina, banana, raspberry, cucumber,
top with granola, dark chocolate
and almond

100,-

TROPICAL PARADISE

Whey protein, collagen, pineapple,
mango, passion fruit, cucumber, dates,
fresh milk, top with granola,
chia seed, cashew

100,-

ROCKIN' RASPBERRY

Whey protein vanilla, raspberries, mango,
dragon fruit, peanut butter, top with
granola, cashews, grated coconut

100,-

SUPPLEMENTS

PRE WORKOUT, WATER & ICE

40,-

BCAA, WATER & ICE

40,-

Can be added to any drink:

COLLAGEN

30,-

CREATINE

30,-

HONEY SHOT

15,-

BEER

BINTANG BEER 330ML

35,-





WANDERLUST
FITNESS CAFE

